



Anaya Latin Dance is a dance company in the Anchorage area. We are a duo teaching and perform salsa and other Cuban dances. Ciro Anaya, from Cuba, is a professional dancer and former school teacher. Liz Anaya, from Alaska, is a dance scholar and educator. We have taught at numerous ASD schools in residencies ranging from a single workshop to multiple day and week sessions, for a single classroom or multiple classrooms at once.

Pricing for a residency depends on the number of days, sessions, the total time commitment, and the content of the residency. **Residencies may include:**

1.) Dance workshops for students, with or without partners, including music and culture

We can teach classes or workshops the following: Salsa/casino*, mambo*, chachachá*, Cuban son*, Afro-Cuban dance basics (Rumba, Yoruba dances, and others), the basics of other Cuban popular dances (Pilón, Mozambique, and others), as well as reggaeton. We can teach in person or via Zoom.

We can teach ALL of the above forms of dancing without partners (no contact), as well as the dances marked with an asterisk with partners. We can also teach salsa/casino as a group of rapidly changing partners, which is fun for young people. Partners can be of any gender and we can provide 20 blue and red jerseys for small children to help distinguish partners (“Team Red” and “Team Blue”) as well as blue and red wristbands to help them distinguish left and right.

For multi-session workshops, we can also teach choreography for students to perform.

We can present about Cuban dance history and culture, play audio and video examples of different musical genres, and teach some elements of Cuban music using handheld percussion.

2.) Dance Performance or Demonstration

We can do a dance demonstration or choreographic performance for your students, depending on your preference, space availability, and other factors.

3.) Animations/Line Dances for Groups

We can lead fun, improvised line dances aimed at getting large groups up and moving (for a single classroom or for a school assembly).

No matter if it is for one class or for a week-long intensive or more, our customized presentations and workshops about salsa and Cuban dance are not only fun and exciting for young people, they also include numerous elements of the **Alaska Content Standards**:

1.) Arts

We talk about Cuban dance in its folkloric, popular, and performative elements. In addition, we can perform artistic works for your students and explain their meaning and significance within the cultural traditions of Cuba. Students must learn about musical timing in order to dance and we talk about the instruments they must listen for in order to identify the timing of the music. They will have the opportunity to learn and experience different Cuban rhythms.

2.) Culture

In addition to learning about Cuban and Latin cultures through dance, students will be taught by a Cuban-born dancer and recent immigrant in our local community. Students will be able to make both local and global cultural connections with the material.

3.) History, Geography, and Government

We can discuss the history of Cuba, as well as that of Spain and Africa, to explain the development and trajectory of Cuban dance. We will use maps and globes to locate West Africa, Spain, Cuba and parts of Cuba during this discussion. We can also incorporate a discussion about the government of Cuba and challenges Cuban people face, which affects all aspects of life including popular culture and the arts.

4.) World Languages (Spanish)

Our movement vocabulary is in Spanish, so Spanish is used in all of our classes, workshops, and presentations when teaching these movements. We can incorporate more Spanish into any session, or even teach entirely in Spanish, upon request.

5.) Skills for a Healthy Life

Dance is a physical activity which requires students move – but not only on their own. Students must work with a partner and together as a group, teaching teamwork skills. Students will also cultivate bodily awareness, spatial awareness, and memory recall while following verbal and visual directions and memorizing short patterns of movement.

**You can find more information about us online at www.anayalatin dance.com.
Contact us with questions or to schedule at anayalatin dance@gmail.com or 907-982-0584!**